



CRIMINON MEANS "NO CRIME" | REHABILITATION IS POSSIBLE

1ST QUARTER 2022





Criminon Florida...

is part of an international non– profit network dedicated to helping inmates learn to be productive members of society.

Extend a helping hand.

A STELLAR PURPOSE TO HELP

Stellar students rekindle a purpose to help their fellow man.

e see many Criminon students not only embrace positive change, but discover a purpose to help. Speaking of their accomplishments and handing out sign-up cards, they assist others to take the first steps on their own journey to a better version of themselves.

It is in our Stellar Students that we truly witness the revival of a purpose to help one's fellow man, and most notably in those of you who become facilitators of Criminon's *The Way to Happiness* and *The Truth About Drugs* seminars.

Gary B. says he finds "great joy" in helping others. Nathan C. (see 'Words from the Wise') has witnessed the "ripple effect" generated by Criminon seminars; they help transform an environment filled with negativity to one where hope and happiness is restored.

Alan C., a facilitator since 2016, explains how

"The Way to Happiness seminar brings contentment and fulfillment to the daily lives of participants by strengthening their self-esteem, improving their communication skills, helping them to be more tolerant and accepting of others." Of *The Truth About Drugs* seminar, Alan says: "These men are reclaiming

their lives. Not one of the participants has used drugs in this environment since."

"Participants call or write home, telling how the information in the seminar has changed their way of thinking", comments Don W. He says it prepares them to become a productive member of their family and their community upon release, or to live a more fulfilling life even while incarcerated.

If you have a purpose to help, write to us - we will help you fulfill it. Our reward will be the positive change we see in others.

- The Criminon Florida Team



SUCCESSES FROM THE WORLD OF STELLAR STUDENTS

TAKING ON LIFE ANEW

n the Criminon program. I have learned how to be happy, how to learn effectively, the harmful effects of drugs, how to maintain my integrity, how to handle antisocial people and how to be a good parent. As I progressed through the courses, I began to apply the precepts and teachings to my life and drastic changes occurred for the better. I am now a happy, productive and educated person as a result of these courses. I feel that I am fully prepared to take on life anew, now equipped with the valuable information presented in them. | Raymond M.

I MADE IT!

y greatest win is to be able to thank Criminon for the courses and to feel proud that I made it - I am a Stellar Student! I feel like a 50-year -old grandpa graduating from college! Jeffrey B.

I AM A BETTER MAN

Each and every task that we embark on as we journey through life will

have some degree of impact upon how we continue to proceed down our chosen path. With the Criminon program, on each course and upon each completion I felt that I was better for having accomplished it, and better for having put it into practice in my daily life. | **Jeffrey M.**

I AM HAPPIER TODAY

y life has completely and radically changed for the better since doing this program! I am happier today - my tablet is loaded with positive affirmations. This change in attitude commenced with The Way to Happiness Course. My relationship with my daughter and her mom is very healthy for the first time in our lives - the Successful Parenting Skills coupled with Handling Suppression was instrumental in achieving this. | Woodie T.

I CAN OVERCOME LIFE OBSTACLES

Thanks to Criminon, not only do I now possess the life skills one needs to navigate their way through life's journey and have a clear understanding on how to apply them, but I now

have the confidence in myself I so desperately needed. Going forward I know I am more than capable of meeting and overcoming any life obstacles I encounter! | **Andre H.**

I USE THESE SKILLS DAILY

am so pleased to have completed the life improvement courses. I use daily the skills learned, especially the courses on study skills, handling suppression and personal integrity. I think these courses would benefit high school students and should be a part of the curriculum. | James S.

BOOSTING ONE'S ABILITY

All the life improvement courses are of great value - by applying what they present, a student can boost his ability to associate successfully with others in his environment, with loved ones, friends or associates. The Successful Parenting Skills Course was, to me, the most beneficial. It provides strategies to ensure that the children in your life grow and mature into honorable, honest, ethical self-thinkers.



TOP STELLAR PLAYERS

Well done to all this quarter's players. Keep up the great work of getting others to improve their lives by starting on The Way To Happiness Course. Special congratulations to the seven highest scoring players!

Robert F. Allen C

955 295 Leandro A. James K. 235220

Nathan C. Don W.

220 185 Kevin B. 170



Very well done to all of the students listed here for becoming a Stellar Student this quarter!

Albert J.

Anthony F.

Orlando B.

Joshua D.

Brittany M.



CAT'S CORNER

o you like change? Or do you find security in the same routine or surroundings? Life is made of change. If you don't change, you don't grow, and you start to shrink. There are many changes you face – like being sent to prison. Another one may have been the loss of a loved one or anticipating a positive change like planning for your future.

Change is necessary. Whether you're living a difficult moment or a happy one, remember everything is in constant change. Learn from your mistakes and from your successes. This is the key to growth and improvement.

Instead of trying to prevent change, allow change. Mr. Hubbard in his book *Science of Survival* said, "Security would consist of this man's being able to adapt himself to his environ, ... and being confident of his ability to meet and deal with any possible shifts." When I read your successes, I hear that confidence. Another quote from Mr. Hubbard is "Never regret yesterday. Life is in you today and you make your tomorrow."

Five of you made a change and became new Stellar students this quarter. Congratulations to ALL of you Stellars for your amazing accomplishment. Nearly 100 of you played the referral game and encouraged others to change. Like it or not, change is going to happen.

Benefit from it.



Cat

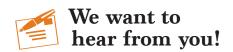
WORDS FROM THE WISE

was laying in my bunk one day in 2012, groveling in the misery I had created for myself, when my neighbor introduced me to Criminon. Studying *The Way To Happiness* course and practicing the 21 Precepts made me realize I could change.

The feedback from my supervisor and the certificates awarded for graduating each course restored my self-confidence. Applying the knowledge gained by my study allowed me to become more competent in navigating the negative environment of prison.

I began sharing my success with others, encouraging them to follow the same path. I watched addicts become clean. Men with poor attitudes become positive influences. When I was invited to facilitate Criminon seminars, I eagerly accepted my new role, and I saw the entire environment change - it was miraculous!

Thanks to Criminon, I have discovered my purpose and the key to my own happiness - helping others find their way out of the darkness and reach their potential. | Nathan C.



Tell us about your wins and successes.

Write us at Criminon Florida:
PO Box 2396 Clearwater Florida 33757



THE WAY TO HAPPINESS HOW TO PLAY

he name of the game is getting new students onto and using the precepts of The Way to Happiness distance learning course. It's a win-win situation. You win, the students you enroll win, and others in your institution win too. YOU can make a difference in someone else's life!

- Signing up students is the first step. Choose people you
 think are ready for a change. Tell them about how much your
 life has changed since you started on the Criminon program,
 and in particular your wins from The Way to Happiness
 Course. Do they want changes in their life too?
- Give him/her one of the enclosed yellow course request cards. They can also write a letter requesting the course. A new student must be the one requesting to start The Way to Happiness Course. You cannot fill out a card and request it for him or her. Remember, only give out yellow cards to NEW students, NOT to those already on the program.
- Follow up with this person to make sure they received The Way to Happiness book and course materials. Make sure they are doing the lessons and sending them in. Completing the course is what we are going for, so they can apply the material to change their lives. Some may need extra help understanding the material. Many need reminders of how valuable the course is, and how important it is to keep sending their lessons in.

- Once we receive a request card or letter with your name on the referred-by line, you get 15 points for a sign-up. The office then sends materials out to your student. When their first lessons come into the office, you get another 35 points and when they complete the course, you get 50 additional points for a total of 100 for each student who completes.
- All your referred students and earned points are tracked and reported each quarter. There is no carry over from one quarter to another. Everyone starts the game with zero points at the start of a quarter.
- When 3 or more students you refer send in their first lesson, you will receive a commendation from Alison at the end of the quarter.
- When you need more yellow cards, just write to Alison and ask for more. They are easy to hand out to others who fill them out and just drop them in the mail. Be sure to put your name on the bottom line (referred by). If you can't use the cards, ask your librarian or chaplain if you can put them out for others to pick up, or if you can post them on a bulletin board. YELLOW CARDS ARE FOR SIGNING UP NEW STUDENTS ONLY.

WHERE ARE THE MOST STELLARS?

Here are the institutions with 10 or more Stellars. Annexes and work camps are grouped with the corresponding CI. There are 551 Stellars in Florida and 99 of you in 17 different states other than Florida. **STELLAR POWER — HELP MAKE MORE.**

Everglades Cl	60	Avon Park CI, WC18	Hamilton CI, Annex	11
Graceville CF	28	Jefferson Cl16	Liberty Cl	11
Marion CI, WC	27	Wakulla CI, Annex, WC15	Taylor CI, Annex	11
Sumter CI, Annex, WC	23	De Soto Annex, WC15	Zephyrhills Cl	11
Tomoka CI, WC	22	Columbia CI, Annex, WC12	Blackwater CF	10
Hardee CI, WC	21	Apalachee East & West Unit12		
South Bay CF	20	Martin CI, WC12		
Union Cl	20	Okeechobee CI, WC12		
Madison CI, WC	20	Dade CI11		



Stellar Name	TWTH Requests in (15 pts each)	Lessons in (35 pts each)	TWTH Comps. (50 pts each)	Total Points
Allen C*	0	245	50	295
Amber C	0	35	0	35
Andres F	0	70	0	70
Anthony D	15	35	0	50
Anthony H	15	35	0	50
Anthony J	0	0	50	50
Antonio M	15	35	50	100
Arturo C	15	0	0	15
Bartholomew O	15	0	0	15
Billy A	0	0	50	50
Blaine E	0	35	0	35
Brandon W	15	0	50	65
Brendan T	15	35	0	50
Carl C	15	35	0	50
Chad C	15	35	0	50
Charles M	15	35	50	100
Christopher H	15	35	0	50
Christopher N	15	35	0	50
Clint N	15	0	0	15
Cynthia M	15	0	0	15
David H	0	35	0	35
David L	15	35	0	50
David S	0	35	0	35
Demetrio G	15	105	0	120
Derrick V	0	35	0	35
Donald D. W*	45	140	0	185
Dorian M	0	35	0	35
Dwayne D	15	0	0	15
Earl M	15	0	0	15
Edgar H	0	35	0	35
Ernest S	0	70	0	70
Floyd B	105	0	0	105
Frank P	0	35	0	35
Frank S	0	35	0	35
George B	15	70	0	85
Gregory W	15	35	0	50
Herbert A	30	0	0	30
James K	0	35	0	35
James K*	45	175	0	220
James S	0	35	0	35
James T	15	0	0	15

Stellar Name	TWTH Requests in (15 pts each)	Lessons in (35 pts each)	TWTH Comps. (50 pts each)	Total Points
Jamie S	15	0	0	15
Jason H	15	0	0	15
Jeffrey L	0	35	0	35
Jeremiah C	0	35	0	35
Jeremy S	15	0	0	15
Jerry M	30	0	0	30
John C	0	70	50	120
John H	0	35	50	85
Jose H	30	105	0	135
Joshua D	0	35	0	35
Juan M	0	35	0	35
Justin C	0	35	0	35
Kenneth G	15	35	0	50
Kevin B*	15	105	50	170
Kristopher B	0	35	0	35
Kristopher S	0	70	0	70
Leandro A*	15	70	150	235
Leaundrea P	15	35	0	50
Lee R	15	0	0	15
Leigh F	0	35	0	35
Lorenzo L	0	35	0	35
Lorenzo W	30	0	0	30
Mark B	0	35	0	35
Mark G	15	35	50	100
Mark N	0	35	0	35
Marvin D	0	0	50	50
Matthew O	0	35	0	35
Melanie C	0	35	0	35
Michael S	15	0	0	15
Nathaniel C*	45	175	0	220
Nelson M	0	35	0	35
Orenthal G	0	35	0	35
Paul T	30	0	0	30
Raymond M	0	35	0	35
Richard W	0	35	0	35
Robert F*	150	805	0	955
Roy B	0	35	0	35
Rufus H	0	35	0	35
Scott M	15	0	50	65
Steve A	30	35	0	65
Steven T	30	0	0	30



Stellar Name	TWTH Requests in (15 pts each)	Lessons in (35 pts each)	TWTH Comps. (50 pts each)	Total Points
Stuart D	0	35	0	35
Terry D	30	0	0	30
Thomas A	60	35	0	95
Thomas F	60	35	0	95
Thomas G	0	0	50	50
Valerie R	0	35	0	35
Vasten B	0	35	0	35

TWTH Requests in (15 pts each)	Lessons in (35 pts each)	TWTH Comps. (50 pts each)	Total Points
45	0	0	45
0	35	0	35
0	35	0	35
0	35	0	35
0	35	0	35
0	35	0	35
	Requests in (15 pts each) 45 0 0 0 0	Lessons in (35 pts each)	Requests in (15 pts each) Lessons in (15 pts each) Comps. (50 pts each)



Tell us about your wins and successes.

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